

STROKE RESOURCES FOR HEALTH PROVIDERS

This information was compiled by the Ontario Regional Stroke Networks' Community and Long Term Care Group.

CORE RESOURCES		
RESOURCE	DESCRIPTION	WHERE TO ACCESS
<p>Taking Action for Optimal Community and Long-Term Stroke Care (TACLS)</p>	<p>A Heart & Stroke Foundation resource developed to support front line caregivers (e.g., PSWs). Chapters provide information on various aspects of care provision. Can be accessed on-line or a hard copy may be downloaded. In some areas, a hard copy may be available through your Regional Stroke Network.</p> <p>Videos to support the information in this resource can be accessed through the SE Stroke Network website</p>	<p>Manual through Stroke Network of Southeastern Ontario website at https://www.strokenetworkseo.ca/best-practice-and-education/community-and-long-term-care</p> <p>Videos through Stroke Network of Southeastern Ontario website at http://strokenetworkseo.ca/best-practice-education/videos</p>
<p>Stroke Best Practice Care Plans - LTC</p>	<p>Provincially developed best practice care plans designed for LTC Homes and based on 12 modules in the TACLS Resource (see above). Care plans integrate scales/scores from the MDS-RAI. Care plans available for communication, cognition, perception, depression, mobility & transfers, ADLs, skin care & hygiene, pain, bowel & bladder continence, hydration/meals/special diets, leisure and behaviour change.</p>	<p>CorHealth website at Stroke Best Practice Care Plans for LTC</p>
<p>Canadian Best Practice Recommendations for Stroke Care</p>	<p>Best Practice Recommendations include live links to various Implementation resources and Knowledge Translation Tools (including outcome measurement tools) at the end of each chapter. Of particular interest may be Rehabilitation, Recovery and Community Participation following Stroke. Part Two: Transitions and Community Participation Following Stroke</p>	<p>Canadian Best Practice Recommendations for Stroke Care at www.strokebestpractices.ca</p>

ADDITIONAL RESOURCES

RESOURCE	DESCRIPTION	WHERE TO ACCESS
Aphasia Institute (Toronto)	Web-based resource providing information and tools to support adults with communication impairments after stroke such as aphasia and their families. Note that there may be a cost for some resources. To access free downloadable resources from The Aphasia Institute, go to https://www.aphasia.ca/shop/ and navigate to box <i>If you work or live in Ontario you may be eligible for free downloads</i> of our products. Complete the form and instructions will be emailed.	The Aphasia Institute at http://www.aphasia.ca/
Best Practice (BP) Bloggers	BP (Best Practice) Bloggers are myth busting newsletters that provide evidence-based information on various care issues, including stroke care, to the long-term care sector. For stroke-related topics, newsletters are produced in collaboration with representatives from the Ontario Stroke System.	Stroke Network of Southeastern Ontario website http://strokenetworkseo.ca/best-practice-education/long-term-care-community
Canadian Partnership for Stroke Recovery	Short videos on 11 different impacts of stroke (communication, cognition, memory, unilateral neglect, leisure, upper extremity management, stress management, fatigue). Each video is accompanied by an information sheet with suggested supporting resources.	Canadian Partnership for Stroke Recovery at http://canadianstroke.ca/en/tools-resources/videos
Stroke4Carers	This e-learning website provides practical advice and tips including information and strategies to address various stroke impairments.	National Health Service (Scotland) Stroke4Carers
Stroke Education Posters	Education posters targeted at front line providers. Nine educational topics – communication, safe feeding/oral care, blood pressure, wheelchair seating, cognition/perception, meaningful activity, post-stroke depression, behaviour changes, stroke risks and impacts.	Stroke Network of Southeastern Ontario website under Best Practice & Education at http://strokenetworkseo.ca/best-practice-education/long-term-care-community
StrokEngine	StrokEngine is an on-line resource providing information to health professionals on assessments and interventions in stroke care.	StrokEngine website at http://strokengine.ca/

RESOURCE	DESCRIPTION	WHERE TO ACCESS
West GTA Stroke Network Virtual Classroom	<p>E-learning materials on stroke best practices using a self-paced learning format. Resources/handouts & completion certificate available to download. Modules of particular interest to PSWs include:</p> <ul style="list-style-type: none"> • Stroke and Sexual Health • Management of the Upper Extremity Post Stroke • Post Stroke Depression <p>Registration required.</p>	<p>https://westgtastroke.ca/</p>